



Occupational Therapy is designed to address the following challenges:

Age	Challenge	Description
0 – 3 months	Feeding	Working on suck reflex generation and appropriate oral motor control needed for feeding. Especially for Down Syndrome and other disorders
	Reflex Integration	Reflex integration for children suffering from hypertonic and hypotonic neurological conditions affecting mobility and development.
3 – 12 months	Motor Learning	Muscle tone management with reflex inhibition for children with failure to thrive or developmental delays.
	Oral Motor	Basic feeding skills and sensory aversions
12 – 24 months	Motor Learning	Motor coordination and planning for mobility and object manipulation.
	Sensory	Sensory sensitivity to loud noises or touch affecting function and presenting as avoidance behaviors or separation anxiety
	Behavior 12 m – 18years	Oppositional behaviors or anxiety affecting functional performance. Aggressive behaviors towards siblings or peers that doesn't resolve.
	Autism 12 m – 18years	Sensory processing techniques used to facilitate language and environmental understanding (learned responses). Emotional awareness and ability to express needs is facilitated.
	Sensory Learning	Techniques used to develop greater sensory awareness and organization to facilitate desirable behaviors and language development.
	Motor Learning	Facilitating motor development for kids struggling with early motor planning
4 – 6 years	Motor Learning	Gross and fine motor coordination for body awareness and school preparation such as handwriting.
	Sensory	Difficulty with social situations and behavior in kindergarten with difficulty participating in circle time and aggressive behaviors.
6 – 10 years	Motor Learning	Handwriting and ball activity challenges addressed developmentally. "Clumsy" behaviors and difficulty learning new motor tasks addressed
	Cognition	Attention and ability to follow directions facilitated. High levels of distractibility are also addressed for this population. Visual perceptual skills, memory and following directions addressed with therapy. Reading skills
10 – 18 years	Motor Coord.	Challenges in sport and gross motor coordination affecting successful performance
	Handwriting	Fine motor coordination and facilitating written expression
	Auditory Processing	Interactive Metronome training for advanced auditory processing skills, organization training and self awareness related to sensory processing ability.
	Cognition	Facilitation of attention and executive functioning skills affecting school performance such as working memory, visual perceptual skills and learning
	Social and Functional Skills	Social and community integration training.